

# Hospice Ties

A NEWSLETTER FOR THE BEREAVED COMMUNITY OF HOSPICE AND THEIR PROFESSIONAL SUPPORT NETWORK

## ***Grief During the Holidays***

The holidays of Thanksgiving, Christmas and Hanukkah are fast approaching. These can be particularly difficult for people who have lost a friend or family member, especially if the death was within the last year. Times that were once looked upon with happy anticipation, tradition and festive planning, can now be filled with sadness and apprehension over how to “celebrate” when that special someone is no longer there. There are no simple solutions on how to cope with the sadness during this time of year, but here are some ideas or suggestions that may be helpful.

### **♥ Embrace the memories**

*While making new “traditions”, it is good to remember the old. Share your memories, which may evoke joy and sadness at the same time. It is good to laugh and cry.*

### **♥ Plan ahead**

*You may choose to celebrate the holidays as usual or you may want to make some changes. Do the things that you feel are necessary, not what you think others may feel you should do.*

**♥ Ask for what you need and accept help**  
*Remember, others are grieving too and may wish to be a part of plans or preparations; give them the opportunity to support you. Tell people what you need.*

**♥ Be kind to yourself**  
*Get the rest, nourishment and affection you need and focus on what you want to do. Be tolerant and compassionate toward yourself.*



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Memorial **donations** can be a meaningful and lasting way to keep the **memory** of a loved one alive. We thank each and every one of you for these special gifts. These "tributes of love" were received between March 1, 2011 to August 31, 2011

**Memorials**

**Jean Alf**

Steven and Ruth Alf

**John Alf**

Steven and Ruth Alf

**Norma Jean Alf**

David and Karen Gullicksrud

**Donald G Anderson**

Mark and Cindy Nymo

**Keith E Anderson**

Mrs Dorothy Anderson

**Regina A Anderson**

Rausch & Steel Inc

**Ralph A Baudendistel**

Mrs Iris Baudendistel

**Raymond F Bauer**

John and Beth Bauer  
Mrs Karen Bauer  
Ms Patricia Remes  
Ms Suzanne Sockness  
Ms Vickie Taleff  
Ms Jan Thalacker

**Don Blakley**

Ms Rosella Blakley

**Richard J Braford**

Mrs June Braford

**Perry Branville**

Ms Ardell Branville

**Gertrude Bratsven**

Anton and Esther Larson

**Robert Bricco**

Ms Nancy Bricco

**Ernest E Bruce, MD**

Edwin and Janet Hanson

**Kyle David Christian**

Dr Richard and Sharon Alfuth

**Frank Connor**

Ms Nancy Arrell

**Revena Connor**

Ms Nancy Arrell

**Ida Crusen**

Keith and Linda Ryan

**Gayle Dague**

Miss Sandy Dague

**LaVerne C Dahl**

Cordell and Sonja Herbert

**Jane Dimmick**

Ms Janice Buescher

**Craig W Ebert**

Walter and Marlene Ebert

**Eileen Eide**

Ray and Cindy Reiherzer

**Gudryn Clare Evans**

Randy & Wendy Richards

**Duane R Evenson**

Mrs Barbara A. Evenson

**Faye Fredson**

Dr Morris Pasternack and Ms Shelley Fredson

**Judy A Gleason**

Mr Philip Gleason

**Leonard J Grecco**

Joseph and Sharon Grecco

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Mrs Donna Hanson

**Robert L Hanson**

Mrs Joyce Hanson

**Kenneth Harden**

Ms Ruth Harden

**Margret Heilke**

James and Donna Meacham

**Kaye Heinrichs**

Mrs Geraldine Loppnow

**Donny Henrich**

Russell and Donna Maas

**Sylvia Hillestad**

Mrs Dorothy Anderson

**LaVerne J Hoch**

Ms Linda Hoch

**Darlene R Horton**

Linda Bailkey  
Loren Horton

**Edith L Hovey**

Ray and Cindy Reiherzer

**Wally Hunstad**

Mrs Margaret Hunstad  
Kirk and Suzanne Olson

**Eleanor Jaskowski**

Mrs Dorothy Anderson

**Joleen Jensen**

Anonymous

**Orland B Klevgard**

Mayland and Alice Klevgard

**Vernon P Kortness**

Mrs Caroline Kortness

**Arlene Luther**

Mr Lyle Luther

**Emil Maas**

Russell and Donna Maas

**Alger Marum**

Ray and Cindy Reiherzer

**Beverly J McDonald**

David and Anne-Marie McDonald

**Francis 'Frank' McElroy**

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Ms Joan Dvorak  
East Meadows Homeowners  
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James and Fern Howden  
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Donald and Rosemary Jamieson  
Alan and Diane Joughin  
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Mr Robert McFaul  
Jerry and Marilyn Reinders  
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William and Carol Tracy

**Hazel Irene McElroy**

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Ms Jean Sinderson

**Francis 'Frank' &  
Hazel Irene McElroy**

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of the Greater Bay Area  
Kevin and JoAnne Landry  
Jane and Jeanine McElroy  
John and Patricia Soderlund  
William and Jeanne  
Westerlund

**Carol Ann McMiller**

Anonymous

**June Meznarich**

Ms Doris Irwin

**Steven Mickelson**

Rausch & Steel Inc



**Memorials and Donations.....continued****Barbara Mrdutt**

Jeanne Stevenson

**Lois Ann Myre**

Thomas and Karie Waldusky

**Duane Nelson**Ms Hazel Barnholdt  
Lee and Rhonda Cook**Sherman O Nelson**Anonymous  
Ms Helen Johnson  
Fred and Marjorie Marick  
Arnold and Arlene Mork  
Bert and Suzette Mullooly  
Mrs Joyce Nelson**Delores Oesau**

Ray and Cindy Reiherzer

**Helmer T Olson**

Ms Geraldine Olson

**T Howard Olson**

Mrs T Howard Olson

**Thorwald A Olson**

Mrs Shirley R. Olson

**Bernolt 'Bernie' William Palas**Ms Carla Gash  
Ms Patricia Gunshore Dewitt**Michael J Paulus**

Edwin and Kay Olson

**Harold Merton Peterson**Ms Kathleen Peterson  
Michael and Bonnie Isaacson**Ruth Peterson**Michael and Bonnie Isaacson  
Ms Kathleen Peterson**George Pfielsticker**

Mrs Dorothy Pfielsticker

**Elaine Price**Richard and Joan Albricht  
Robert and Jocelyn Anderson  
Mr and Mrs Marlo A. Orth  
Ms Karen Roholt  
Bill and Chris Welisek**Leon Prissel**

Ms Sharon Prissel

**Milton F Quillin**

Mrs Helen Quillin

**Robert M Race, Sr**

Robert &amp; Julia Race, Jr

**Douglas Walter Robarge**

Kirk and Nanilee Robarge

**Harold Rogers**

Anonymous

**R Calvyn Romsos**

Ms Carol Romsos

**Walter Rusch**

Mrs Carol Rusch

**Sharon Ryan**

Timothy and Brenda Bergeron

**Louis Schuh**

Ms Winifred Schuh

**Leone Serum**

Ray and Cindy Reiherzer

**Devin Severson**

Ms Susan Severson

**Dorothy Seyforth**

Mr Frederick Seyforth

**Keith R Simpson**James and Jane Behrens  
Ms Shawna Bertalot  
Mark and Roxanne Campbell  
Jack and Carolyn Daniel  
David and Lynn Deneen  
Mark and Christine Flottum  
Ms Debra Kline  
Robert and Susan Knutson  
Gary and Mary Ann Korbel  
George and Delores Kumferman  
Mr and Mrs Stephen Latka  
Lloyd and Sylvia Leitz  
Ms Eleanor Nordby  
Ms Bonnie Prohaska  
Jordan and Robyn Roberts  
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George and Jane Voll  
Jerry and Toni Weber  
Richard and Theresa West**Nancy Ann Snyder**

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**Eunice Stai**

Mr Allen Stai

**Bernard Stelter**Todd and Rebecca Johnson  
Ms Sharon Stelter**Ernest Strenke**

Miss Sandy Dague

**Fayne L Thiel**

Mr Raymond Thiel

**Robert Van Gorder**

Arthur and Dorothy Hotvedt

**Lincoln R Walker**

Mrs Jean Walker

**Shirley E Williams**

Mr Steven Williams

**James E Willard, MD**Ms Kristen Davidson  
Mr Eric Friest  
Anonymous  
Ms Elna Johnson  
Ms Connie Lystrom**Dale L Witt**

Richard and Mary Wampole

**Sandra Kay Woehrmann**Thomas and Charlene Buttner  
David and Marlys Fredericks  
Dr Paul and Linda Kuehn

*Celebrate the memory of a loved one by giving a gift to hospice.*

In memory of \_\_\_\_\_

Please acknowledge the donation of \$ \_\_\_\_\_ to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Please make your  
donation payable to

MCHS  
PO BOX 2060  
Eau Claire, WI 54702



Cindy Rasmussen, Spiritual Counselor



Dr Roberts and Hospice Interdisciplinary team



Mike Swenby, RN /Patient Coordinator

## You are not alone

Home Health & Hospice has completed a video that tells the story of hospice. The video is titled “You Are Not Alone”. This was a large undertaking, but our staff, along with patients and families, produced a video that tells the story of hospice.

We started with a script. But the words ended up coming from the heart. So did the actions that communicate the compassion and caring that is hospice.

We would like to thank the many staff, patients and families involved to bring this project together. Though not everyone that was interviewed is in the final video, we wish to thank them for participating. We are already planning to create a bereavement version. You may view the video on our website.     ♥ ♥



I like volunteering for Mayo Clinic Health System – Home Health & Hospice because it is very rewarding working with the many people and their families.

Susan B-P,  
Hospice Volunteer



## Words to Share...

*Home Health & Hospice receives cards and letters from caregivers and family members of hospice patients served. Below is a sampling of the kind words shared by family and friends of patients served by our hospice program...*



*The Staff at NW Home Care-*

*My heartfelt thanks for your help, guidance and encouragement. You were always courteous and cheerful. Someone always answered my phone calls with helpful advice. And your home calls were always so helpful.*

*Vernon's final wish was that he could come home and be cared for. Your help and guidance helped us so much. We'll always appreciate you folks.*

*The family of V.K.*

*Thanks to all of you for all your support and for the wonderful care you gave Al. God sends angels to care for the sick and you were Al's angel. It has been a privilege to know each of you and I cannot even begin to thank you for all you did.*

*God bless each of you.*

*S.C. and family*

*What do you say to people who have supported us for nearly an entire year? Thank you hardly is enough.*

*Cindy, Cindy and Billie—you have become like family. Rod really liked having all of you to talk to. Me too! He felt he could be really open and honest and not be judged.*

*I talked to him all the time and asked his opinion. He always had one you know. ☺ It actually helps!*

*R. K. family*

*Thank you all for the comfort and care given to Delores. You all provide a service that's so important to both patient and family.*

*K*





**Home Health & Hospice**  
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 Eau Claire, WI 54702-2060

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*Please share this newsletter with a friend*

**Return Service Requested**

**Plan to Join Us**

The Annual Holiday Gatherings are held the first week of December. This is a time to remember patients our agency has served and to visit with their families in a time of mutual support. At this event, we also unveil the newest Hospice Remembrance Quilt. This year’s quilt is titled “Seasons of the Heart” and memorializes the patients cared for in 2010 through the Hospice program of Mayo Clinic Health System –Home Health & Hospice.




*Save the Date!*

***Hospice Holiday Gathering***

*This is a gathering to remember patients our agency has served and to visit with their families in a time of mutual support.*

**Tuesday, December 6th**  
 Barron Electric Cooperative  
 Conference Center  
 7 p.m.

**Thursday, December 8th**  
 29 Pines and Sleep Inn and  
 Community Room  
 7 p.m.